

Hillcroft Primary School

Hillcroft News - Friday 22nd May

Nurturing children to achieve their personal best

Nurture Inspire Strive



As I am sure you are aware, the Prime Minister announced that schools should plan to reopen from 1st June to Nursery, Reception, Year 1 and Year 6 subject to the five conditions set out by the government.

As a school, we are working extremely hard to plan for the possibility of reopening and are putting stringent safety measures in place following the government and DfE guidelines. Please find the guidance for parents and carers document here.

The staff and I would like you to know that we are very grateful for all of your support during the past few weeks especially as we realise that these are very challenging times for everyone.



4th - 11th June 2020

In 2019, Hillcroft took part in the first UK-wide #Grounds4Nature Schools' BioBlitz.

The Grounds4Nature Schools BioBLitz is back again this year, however with schools affected by COVID-19, they have developed different ways for children to take part: either at school with their teachers in the school grounds, or at home with their family in their garden.

The event will envolve spending an hour or two searching for as many different types of wild plants and animals you can find, to record what species inhabit the local area.

Why take part?

- Research shows that connecting children with nature is an excellent way to boost their mental and physical wellbeing, alongside their engagement with the science in their school curriculum.
- With many species in decline, you are encouraged to engage in a fun and meaningful way with local wildlife, and provide useful data for research.

Full instructions on how to take part at home are attached seperately and can be found on the school website in the letters section.

We hope you will take part between 4th and 11th June and look forward to seeing photos or drawings of some of your finds.

Mental Health Awareness Week 2020

Mental Health problems can affect anyone, at any time. This week it is Mental Health Awareness week, which is a time where awareness is raised on Mental Health and Mental Health problems. Each year the Mental Health Foundation chooses a different theme, and this year they have chosen kindness, to reflect the current situation.

Let me give you an example of why I think kindness is good.

A few weeks ago, I waited in a socially distanced queue outside the supermarket as the rain started to fall. One of the staff noticed we were getting wet. He scurried away to find a pile of umbrellas, carefully disinfected the handles and passed them out with a smile. To my surprise, my eyes started to well up. At a time when I felt alone, I suddenly felt connected.

Helping others is good for our own Mental Health and Wellbeing. It can help reduce stress and improve emotional wellbeing. Why not try one random act of kindness this week? It could be giving a compliment, tidying up without being asked, letting your sibling go first or smiling at someone on your walks. By doing something kind for someone else, it makes you feel happy, and the person receiving your act can make them feel happy too.

Here are a few ideas that you may be able to do:

Acts of Kindness:

- > smile
- Give a compliment to your Mum and Dad
- > Thank someone who you appreciate
- > Be a good listener
- > Make Mum and Dad a cup of tea/coffee
- Do a picture for a friend or neighbour and drop it off
- > Help Mum and Dad around the house or garden
- > Give your Mum or Dad a hug
- > Do something nice for your class teacher and send it in to them

Please share your stories, pictures or photos of an act of kindness, send them to:

<u>D.Pearson@hillcroftschool.org</u> <u>L.Simons@hillcroftschool.org</u>

We will share some of your stories next week, so please do send them to us. We look forward to hearing from you.



Year 4 — creating art using natural materials



Eric

Lenny

Lenny

Year 2 - Pirate Ships and Treasure Chests Topic - Land Ahoy



















More examples of your Home Learning......



Rainbow by Joe



VE Day—by Nico



Weather Chart by Alexi



Amazing tie-died t-shirts!



A Train Ride.



Finlay—Save the Planet



James—Year 5



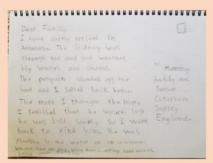


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Read Write Inc





Alexi