

Hillcroft Primary School

Nurturing children to achieve their personal best

Nurture

Inspire

Strive

Friday 4th March 2022

Welcome back to the second half of Spring Term!

Despite the miserable weather, we have had an exciting start to term! This week the children have celebrated World Book Day, with some fantastic activities planned and the opportunity for children to dress-up or bring in a prop to signify their favourite book or author. Thank you to all the parents and carers for all their support in this – as well as the PTA in running the Fancy Dress Sale.



This week has also seen the Pupil Parliament meeting for Spring Term – it was lovely to have all the committees gather together to discuss what they have done so far, what they intend to do and what they enjoy best!



Mrs Pearson and Mrs Copard have also started their Thrive Course for parents / carers – they have had a great turn-out and have been able to work with parents and carers in developing their use of Thrive at home, too.

We hope you have a lovely weekend, and will see you next week, Miss Summers

Thrive

A message from Mrs Pearson.

I hope you all had a relaxing and happy half term. During our Thrive time, we always talk about Fight, Flight and Freeze. Sometimes the children do not understand what their bodies are doing. Over the next few weeks, the children throughout the school are going to learn about these and learn about how best they can control themselves once they are in Fight, Flight or Freeze mode.

What is the fight, flight, or freeze response?

The fight, flight, or freeze response refers to involuntary physiological changes that happen in the body and mind when a person feels threatened. This response exists to keep people safe, preparing them to face, escape, or hide from danger.

Examples of Fight, Flight or Freeze:

A person is out running and suddenly encounters a large, snarling dog; this would activate the fight, flight, or freeze response. The person might:

Fight, becoming aggressive or throwing an object at the dog

Flee, increasing their jogging speed in order to escape

Freeze, causing them to stop running

Fawn by trying to calm the dog down

Flop, or become temporarily unconscious

When activated, the stress response can make you react in three ways:

*You fight the threat.

*You flight from the situation.

*You freeze and stay in place.

The Fight Flight Freeze Response Video

https://www.youtube.com/watch?v=jEHwB1PG_-Q

If you would like to discuss anything further, please do not hesitate to contact me on:

<u>D.Pearson@hillcroftschool.org</u>

For more information about Fight, Flight or Freeze, please see the following information:

https://drive.google.com/file/d/1Yr0Xf-vK1L-NfpZINT4Qh7t7eyyEzksY/view?usp=sharing

Congratulations!



We are delighted to announce that we have now been awarded our fifth Thrive award: Thrive Ambassador School with Excellence in Relationship.

We are so proud of our continued work with the children in respect to Thrive, and thanks needs to go to Mrs Pearson and our other Thrive Practitioners on all their hard work.

The awards we now hold are:

Thrive Ambassador School with Excellence in Relationship

Thrive Ambassador School with Excellence in Reparative

Thrive Ambassador School with Excellence in Leadership

Thrive Ambassador School with Excellence in Environment

Thrive Ambassador School with Excellence in Right-Time

Key Dates for Spring 2:

Tuesday 22 nd March	Year 5 Celebration Assembly 9am – Main Hall		
Wednesday 23 rd March	Year 2 Celebration Assembly 9am – Main Hall		
Thursday 24 th March	Year 3 Celebration Assembly 9am – Main Hall		
Monday 28 th March	KS1 Prize Giving – 9 am – Main Hall		
Tuesday 29 th March	Years 3 and 4 Prize Giving – 9 am – Main Hall		
Wednesday 30 th March	Years 5 and 6 Giving – 9 am – Main Hall		
Friday 1st April	Break up for Easter Holidays		

Considerate Parking:

If you drive to school please park considerately. There are two free public car parks within a very short walk from the school. Please do not park on the bend, the double yellow lines, the Library carpark or the entrance to Hillcroft Court as it is unsafe – please also consider the safety of the children leaving the premises.

A Reading Community

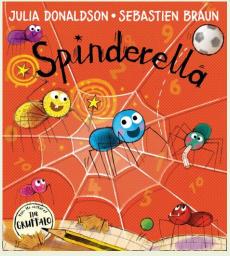
For this newsletter, Mrs Glenin – our Elm class teacher – has shared some of her 'top reads'. As always please do email Miss Swain if your child reads the books and has any comments (<u>a.swain@hillcroftschool.org</u>) These books can be found in our Reception area if you would like to peruse them with your child.





Hamilton the Pig is very fond of hats - big hats, small hats, tall hats and suitable-for-every-and-any-occasion sort of hats. Hamilton loves hats so much his mum starts to worry that he's a very vain little pig. Little does she know that Hamilton's favourite hats will teach him some very important lessons.

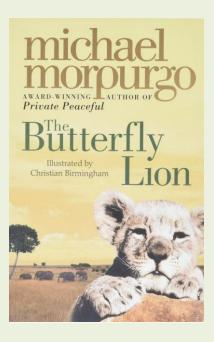
KS1: Spinderella



Spinderella the spider has a passion for football! She tries to play a match with her brothers and sisters but she doesn't know how many spiders should be on each team. Even worse, she can't count the goals!

A Reading Community ... Continued...

LKS2
The Butterfly Lion



Bertie rescues an orphaned white lion cub from the African veld. They are inseparable until Bertie is sent to boarding school far away in England and the lion is sold to a circus. Bertie swears that one day they will see one another again, but it is the butterfly lion which ensures that their friendship will never be forgotten.

UK\$2 The Danger Gang



Franky can't wait to move to his new town - although he wishes he didn't have to leave his best friend Dani behind. But everything changes after the storm, when strange green lightning and powerful thunder crash down on the town. From that night on, the kids who live on Franky's street start to change. One by one, they become a little odd. A little unusual.

In other news...

The Big Battery Hunt!



If you have any batteries that no longer work, please send them into school for recycling. Every class at Hillcroft is collecting batteries as part of the Big Battery Hunt.

Walking Instructor - Surrey Jobs:

The Safer Travel Team at Surrey County Council are recruiting for Walking Instructors to run our new Feet First: Walking Training programme.

If you would like to look into this in more detail please follow this link: https://www.surreycc.gov.uk/jobs/search/details?id=20882

Crisp Packet Recycling Scheme closing:

We are very grateful for your help collecting empty crisp packets over the past three years. You have helped TerraCycle and Walkers raise funds through The Crisp Packet Recycling Scheme.

Since the scheme started in December 2018, the recycling landscape has changed and today there are more than 3,500 collection points at local supermarkets that accept crisp packets for recycling along with other types of flexible plastic. In light of this progress, and after careful consideration, The Crisp Packet Recycling Scheme will close in April.

Please be sure to bring any last crisp packets to us before the Easter holidays so they can be sent to TerraCycle. After this date, if you wish to keep recycling your packets, you can take them to your nearest supermarket with a flexible plastic collection point. You can find your nearest collection point via the Recycle Now Recycling Locator Map at www.recyclenow.com or on the Walkers website's recycling page at www.walkers.co.uk/recycle.

Attendance Notice:

Just to remind parents/carers that if they take their children out of school without authority, they will be liable to receive a penalty notice. Currently the amount payable under a penalty notice is £60.00 per parent/carer per child if paid within 21 days. Thereafter the amount increases to £120.00 if paid between 21 and 28 days. If the penalty notice remains unpaid after 28 days, the Local Authority will consider a prosecution in the Magistrates Court. Please note that penalty notices are issued per parent/carer per child so a family of two parents and two children will receive 4 penalty notices.