



# Hillcroft Primary School

**Nurturing children to achieve their personal best**

**Nurture**

**Inspire**

**Strive**

**Friday 1<sup>st</sup> July 2022**

Wow! What an exciting two weeks we have had. On Monday 20<sup>th</sup> and Tuesday 21<sup>st</sup> we had wonderful weather for our Sports' Day – thank you to all the parents and carers who were able to attend and a huge thank you to all the children who displayed such wonderful sportsmanship.



We have also been able to welcome our families into school to take part in open classroom – it was so lovely to see you all and – again – thank you for taking the time so that your child could share their learning with you.



Looking ahead, we have an exciting two weeks before we close our doors for the Summer Holidays – we have the Year 6 production which they have been working so hard on as well as our lovely Prize Giving assemblies.

I hope you have a lovely weekend and I will see you on the gates on Monday,  
Miss Summers

# Thrive

## ***A message from Mrs Pearson.***

This week, my news update is about "Helping your child with anger issues" and "How to Help them calm down" as I know that, with just a few weeks left at school until the summer holidays, some children will find the change in daily routine challenging.

Anger is a normal and useful emotion. It can tell children when things are not fair or right. However, it can become a problem if a child's anger behaviour becomes out of control or aggressive.

### Why is your child so angry?

There are many reasons why your child may seem angrier than other children, such as:

- \*seeing other family members arguing or being angry with each other
- \*struggling with boredom and nowhere to go
- \*feeling very stressed, anxious or fearful about something
- \*coping with hormone changes during puberty

However, it may not be obvious to you or your child why they are feeling angry. If that is the case, it is important to help them work out what might be causing their anger. Sit and talk together once they are calm.

If you are worried about your child, encouraging them to talk can be very helpful, whether you are a parent, grandparent, friend or teacher. If you think your child has a problem, it can be hard to know how to start talking to them about it.

Team up with your child to help them deal with their anger. This way, you let your child know that the anger is the problem, not them. With younger children, this can be fun and creative. Give anger a name and try drawing it – for example, anger can be a volcano that eventually explodes. How you respond to anger can influence how your child responds to anger. Making it something you tackle together can help you both.

### Helping your child spot the signs of anger:

Being able to spot the signs of anger early can help your child make more positive decisions about how to handle it. Talk about what your child feels when they start to get angry. For example, they may notice that:

- \*their heart beats faster/ their muscles tense
- \*they clench their teeth and their stomach churns
- \*they make a fist and they may feel hot

Work together to try to find out what triggers the anger. Talk about helpful strategies for managing anger. You could encourage your child to:

- \*count to 10
- \*walk away from the situation
- \*breathe slowly and deeply or use the breathing wheel
- \*clench and unclench their fists to ease tension
- \*talk to a trusted person
- \*go to a private place to calm down, like their bedroom or garden

## **A message from Mrs Pearson continued...**

Staying active can be a way to reduce or stop feelings of anger. It can also be a way to improve feelings of stress, worries and anxiety.

\*a short walk/ nature park/park

\*jogging or running

\*cycling or scooting

**And remember, positive feedback is important! Praise your child's efforts and your own efforts, no matter how small. This will build your child's confidence in their ability to manage their anger and will also help them feel that you are both learning together.**



## **Family Thrive for Parents & Carers**

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice

### **Find out about:**

- **the Thrive Approach**
- **how our brains develop**
- **how your right brain talks to your left brain!**
- **why play and creativity are so important to you and your child**
- **how to support your child at times of change and difficulty**
- **everyday trigger times and how to keep calm**
- **how to be a behaviour detective**

**Hillcroft Primary School**

**Weekly: starting Tuesday 13<sup>th</sup> September  
through to Tuesday 18<sup>th</sup> October**

**5.30pm - 7.30pm**

**Parent / Carer Only sessions**

**Limited Places**

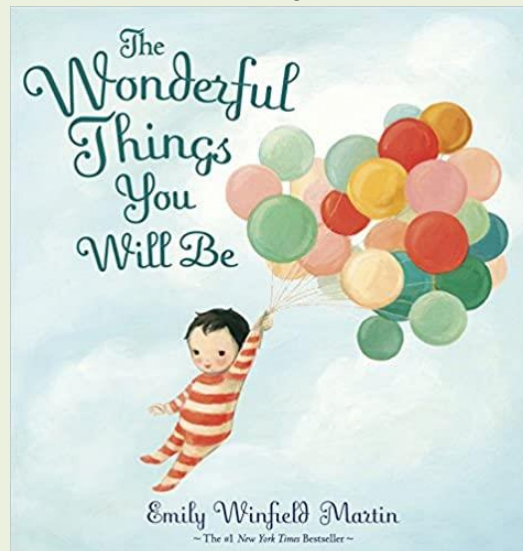
**Email: Tara or Debbie**

**[D.Pearson@hillcroftschoool.org](mailto:D.Pearson@hillcroftschoool.org) [TCopard1@gfiscschools.org](mailto:TCopard1@gfiscschools.org)**

## A Reading Community

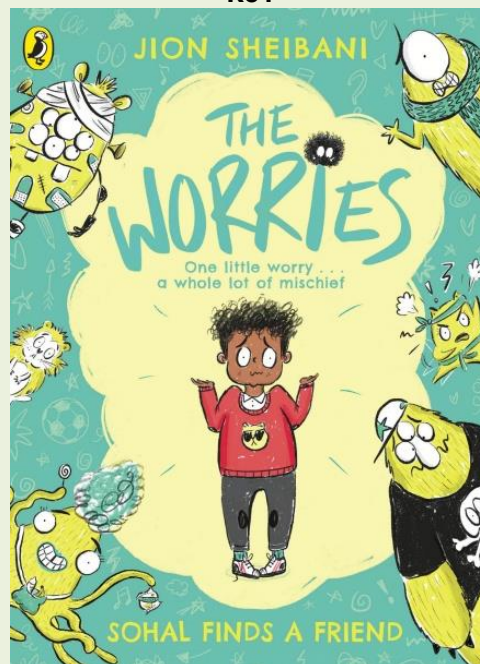
For this newsletter, Mrs Hardcastle shares some of her favourite books. As always please do email Miss Swain if your child reads the books and has any comments ([a.swain@hillcroftschoo.org](mailto:a.swain@hillcroftschoo.org)) and the books can be found in our Reception area if you would like to peruse them with your child.

### EYFS



Emily Winfield Martin's rhythmic rhyme expresses all the loving things that parents think of when they look at their children. With beautiful, and sometimes humorous, illustrations, and a clever gatefold with kids in costumes, this is a book grown-ups will love reading over and over to kids—both young and old. The Wonderful Things You Will Be has a loving and truthful message that will endure for lifetimes.

### KS1

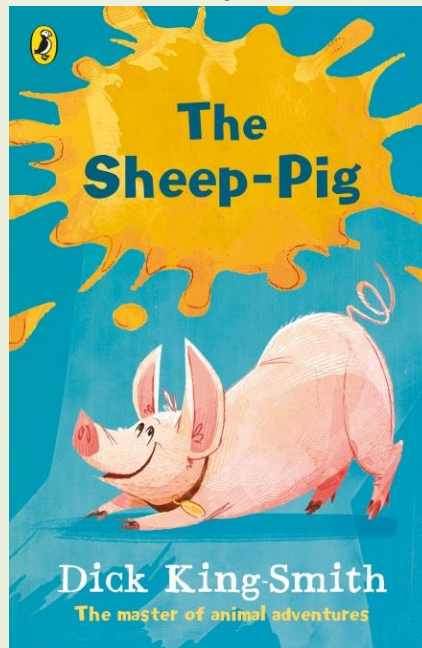


Sohal worries about a lot of things: the dark, mutant sheep, being alone - you name it, he worries about it! So, one night he tries drawing his worries to make himself feel better - and somehow, they look a lot less worrying once they're scribbled down.

But then imagine Sohal's surprise when he wakes up the next morning to find a set of funny, furry friends at the end of his bed!

## A Reading Community ... Continued...

LKS2



The Sheep-Pig tells the tale of young piglet Babe, who is won by a farmer at a fair and adopted by his sheepdog, Fly. Babe wants to learn everything he can from Fly and although he understands he can never be a sheepdog, he asks himself: "Why can't I learn to be a Sheep-pig?". It's a heart-warming animal adventure with a truly timeless message.

UKS2



Bastian Balthazar Bux, a bookish and shy child who has recently lost his mother, bursts into an antique bookshop one day, having been chased by bullies. There, he meets a crotchety old bookseller and steals a mysterious leather-bound book, The Neverending Story. Holed up in the school gym store cupboard, Bastian finds himself immersed in a fantasy world, Fantastica, where its ruler, The Childlike Empress, is suffering from a mystery illness. As Bastian reads on, he starts to realise that he too is entering the book, and when he realises that only he can save the Childlike Empress by giving her a new name, he becomes a character in it himself.

## Pupil Parliament:

Our whole school Pupil Parliament came together for a drama workshop focussing on developing their understanding of Democracy – the children all had great fun and behaved beautifully!



## Key Dates for Summer 2

Wednesday 6 <sup>th</sup> July	Year 6 Production performance (please see previous correspondence for performance times)
Thursday 7 <sup>th</sup> July	Year 1 Celebration Assembly – 9am, main hall. Please enter through the Main Hall doors via the Staff Carpark.
Thursday 7 <sup>th</sup> July	Year 4 Ukulele performance – Main hall, 2.30pm. Please enter through the Main Hall doors via the Staff Carpark.
Friday 8 <sup>th</sup> July	Annual Reports sent home
Monday 11 <sup>th</sup> July	KS1 Prize Giving Assembly – 9am, Main Hall. Please enter through the Main Hall doors via the Staff Carpark.
Tuesday 12 <sup>th</sup> July	Lower Key Stage 2 Prize Giving Assembly – 9am. Please enter through the Main Hall doors via the Staff Carpark.
Wednesday 13 <sup>th</sup> July	Upper Key Stage 2 Prize Giving Assembly – 9am. Please enter through the Main Hall doors via the Staff Carpark.
Friday 15 <sup>th</sup> July	Year 6 Leavers Assembly 2pm (more information to follow)

## In other news....

### Attendance Notice:

Just to remind parents/carers that if they take their children out of school without authority, they will be liable to receive a penalty notice. Currently the amount payable under a penalty notice is £60.00 per parent/carer per child if paid within 21 days. Thereafter the amount increases to £120.00 if paid between 21 and 28 days. If the penalty notice remains unpaid after 28 days, the Local Authority will consider a prosecution in the Magistrates Court. Please note that penalty notices are issued per parent/carer per child so a family of two parents and two children will receive 4 penalty notices.

In other news....continued...

Girls Football Camp:



**FOOTBALL FEVER ACADEMY**

# GIRLS FOOTBALL CAMP

ALL ABILITIES WELCOME AGES 9-16

25TH, 26TH, 27TH JULY  
1ST, 2ND, 3RD AUGUST  
15TH, 16TH, 17TH AUGUST

0900-1500

**DE STAFFORD SCHOOL,  
BURNTWOOD LANE,  
CATERHAM, CR3 5YX**

**BOOK 1-2 DAYS = £28 PER DAY  
BOOK 3 OR MORE DAYS = £24 PER DAY**

John - 07901 913669  
Footballfeveracademy@outlook.com



**FOOTBALL FEVER ACADEMY**

## GIRLS EUROS!

Ages 9-14  
8th & 22nd August  
09:00 - 13:00

**£18 PER SESSION**

Sign up and you will be in one of the euro teams! Can you create some magical euro moments?!



More Information:  
John - 07901 913669  
footballfeveracademy@outlook.com

**DE STAFFORD SCHOOL,  
BURNTWOOD LANE,  
CATERHAM,  
CR3 5YX**

St. Bede's School Open Evening:



 **St Bede's School**  
*'Christian Education at its Best'*

# Open Evening

## Thursday 7 July 2022

### 5.30 – 9.00pm

We are pleased to be able to invite parents/ carers of children in Year 5 (September 2023 entry) to come and meet students and teachers, tour the facilities and hear from the Headteacher about life at the school (talks in the main hall at 5.45pm, 7.00pm and 8.15pm - no appointments necessary).

Rated 'Outstanding' in all areas by Ofsted inspectors in February 2017, St Bede's is:

- a united Christian community with a caring ethos;
- a place where children of all abilities thrive;
- amongst England's top 100 non-selective schools when measured by exam results.

Our admissions policy and further information for September 2023 entry is available on the school website [www.st-bedes.surrey.sch.uk](http://www.st-bedes.surrey.sch.uk).

*St Bede's School, Carlton Road, Redhill, RH1 2LQ*  
Tel No: 01737 212108



In other news continued...

### Surrey County Council Walking Instructors, needed:

## **Do you want to become a paid Walking Instructor?**

Our school is assisting Surrey County Council's Safer Travel Team to help them recruit for Walking Instructors, as part of their new Walking Training programme for primary schools.

### **What is the Walking Training programme?**

The Walking Training Programme is a road safety and active travel skills awareness course that will be aimed at children ages 7 to 8 years old (Year 3). It will provide pupils with road safety skills to better enable them to safely walk to and from school with their parents and carers and prepare them for independent travel.

[Further information about the Walking Training course can be found here.](#)

### **What is a Walking Instructor?**

A Walking Instructor will be able to lead a small group of Year 3 pupils in the playground and on the road, outside the school gates, to provide them with necessary road safety skills and knowledge. Delivering an informative, robust and entertaining programme of learning that highlights the necessary road safety skills, providing Year 3 pupils with the foundation to feel safe and comfortable as a pedestrian navigating Surrey's roads.

There are many benefits to becoming a Walking Instructor, including: being at the forefront of a new active and sustainable travel programme in Surrey; working with pupils to encourage walking to school and providing them with the necessary road safety skills. We will also provide you with a competitive salary, flexible working that can be based in and around the school day as well as full training, including safeguarding and First Aid.

### **Who would be an ideal Walking Instructor?**

- Someone that has experience working with primary aged children, in either a professional or personal manner.
- Interested in encouraging primary school-age pupils to feel more confident traveling actively and sustainably to school.
- Interested in road safety and or active travel.
- Confident engaging children of 7-8 years old both in the classroom and during the on-road training elements of the course.
- Confident working on your own, as some courses may not have another Instructor attending with you.
- Looking for a flexible, term time position.
- Competitive salary.
- Full training provided, included safeguarding and First Aid.

If this sounds like a job you or someone you know may be interested in, please find further information on the job profile and how to apply below:

[Apply to become a paid Walking Instructor](#)

### First Community Health and Care:

First Community Health and Carer have an opportunity for some part time work with their team in the delivery of the nasal flu programme in schools this winter. If interested, please follow the link below – the closing date for applications is midnight on 3<sup>rd</sup> July.

[https://www.jobs.nhs.uk/xi/direct\\_apply/?vac\\_ref=917286738](https://www.jobs.nhs.uk/xi/direct_apply/?vac_ref=917286738)